



*Register of  
Skilled Therapeutic  
Practitioners  
Responding to Adult  
Survivors of CSA*

**Registration  
Application**

*Relationships Australia*

SOUTH AUSTRALIA

This Registry is for skilled practitioners who are able to provide therapeutic services to individuals and groups of adult survivors of childhood sexual abuse (CSA).

In consultation with a range of stakeholders, Relationships Australia (SA) (RASA) has developed criteria for the inclusion of practitioners on the Register.

We expect that practitioners listed on the Register are committed to providing a comprehensive and effective service to people who have been subjected to childhood sexual abuse and their families.

The Register will be updated and dispersed annually.

Contact Sue Mann at [s.mann@rasa.org.au](mailto:s.mann@rasa.org.au) or call (08) 8340 022 with any questions.



The Register will contain the names of practitioners offering a service to adult survivors of childhood sexual abuse who have completed this application and who, through their skills and knowledge, would understand that :

- Childhood sexual abuse is a crime.
- Childhood sexual abuse is not uncommon and happens regardless of economic and cultural backgrounds.
- Perpetrators of abuse are responsible for the abuse.
- Children and teenagers have less power and authority than older and/or bigger people and perpetrators of abuse take advantage of this power imbalance.
- People who have been subjected to childhood sexual abuse have shown strength and courage in surviving.
- Appropriate counselling and therapy for adult survivors will assist in addressing the potential long term effects of childhood sexual abuse.
- Other people who care for those subjected to childhood sexual abuse can also experience impacts of the abuse on their relationships.

At RASA we believe that practitioners offering a service to adult survivors of childhood sexual abuse will

1. possess well developed counselling skills recognising the importance of empathy and genuineness and treat all clients with courtesy, compassion and respect.
2. have an understanding of current thinking and research in relation to trauma and its effects and the importance of not re-traumatising people through therapeutic practice.
3. have a detailed knowledge of the psychological and emotional experiences faced by individuals and families affected by childhood sexual abuse, and an awareness of the personal, social, interpersonal, legal and medical issues they may be facing.
4. understand the importance in trauma recovery of a therapeutic relationship which enhances the emotional, intellectual and spiritual wellbeing of the person.
5. have an understanding of what it means for people to live with the ongoing effects of abuse, including experiences of shame, guilt and self blame.
6. hold an understanding that people can learn to manage and move beyond the abuse and its effects to feel more able to live the life they want.

7. will have the ability to explore and expose the contradictions and privileges of gender as related to childhood sexual abuse.
8. have an awareness of gender inequality and how this plays out in their own lives and in the application of their therapeutic work.
9. maintain knowledge of appropriate support groups and services for individuals and families and refer appropriately.

Given the complexity of the working with adult survivors of childhood sexual abuse, Relationships Australia (SA) provides opportunities for practitioners on this Registry to attend free of charge, peer facilitated “Dilemmas and Complex Issues” workshops.

Relationships Australia (SA) will decide who will be included on the Register from the information provided in the application form. Feedback will be provided to applicants about the rejection or acceptance of their application.



# Application for Registration as a Skilled Practitioner for Adult Survivors of Childhood Sexual Abuse (CSA)

The fields marked\* will be made available to potential clients so that they can decide from the Register who they might choose to provide therapy for them.

Other fields marked # will help RASA to approve a therapist for inclusion on the register

\*Name: .....

\*Practice Address/s (where clients will be seen):

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Postal Address: (if different to above address).....

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\*Phone numbers: Business .....

Mobile.....

Fax Number: .....

Email Address: .....

ABN:.....

\*Fees: .....

\*Medicare rebate availability for your services:  
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Please describe in a couple of sentences your

- \*#Qualifications  
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- #Do you generally agree with the RASA statements on CSA and with the best practice principles of counselling in this field?  
(pages 2, 3 & 4)  
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- #Experience as a counsellor

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- #Relevant experience in CSA

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- #Professional association memberships

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- #Access to supervision and support

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- #Area of special expertise/interest in CSA

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- # Any specialist CSA training you have attended

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- # Your interest in attending a “Dilemmas and Complex Issues” professional development session.

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- \*#Please describe in a few sentences the orientation to your work in this area ( example – what practice frameworks you draw on, theoretical approaches, principles of practice, what interests you about doing this work)

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Please attach the following

- Copy of Qualifications and relevant Professional Association Membership
- Copy of Professional Indemnity Insurance documentation
- Copy of National Police Check

Please send your completed form to Relationships Australia (SA) c/o Sue Mann, 192 Port Road, Hindmarsh SA 5007 or email [s.mann@rasa.org.au](mailto:s.mann@rasa.org.au).





*Relationships Australia*  
SOUTH AUSTRALIA

[www.rasa.org.au](http://www.rasa.org.au)  
[www.respondsa.org.au](http://www.respondsa.org.au)

